



## Physiotherapy for Children Ltd

### Curriculum Vitae

**Mrs. Adele Leake. MSc. Grad Dip Phys. SRP. MCSP**

#### **Qualifications**

Graduate Diploma in Physiotherapy	Leeds School of Physiotherapy General Infirmary at Leeds	1985-1988
Master of Science Health Professional Education	Huddersfield University	1995-1998
Doctorate in Education	Sheffield Hallam University	Ongoing

#### **Membership of Professional bodies**

Member of the Chartered Society of Physiotherapy  
June 1988 to present  
Registration No. B0047917

State registration  
Health Professions Council. - Physiotherapist Board.  
Registration No. PH 39057  
June 1988 to present

Member Association Paediatric Chartered  
Physiotherapists  
1996- present

Member of the British Association of Bobath Trained Therapists 1993 to present

#### **Continuing Education**

“Normal Movement” at Pinderfields General Hospital (1992)

“Introduction to the Bobath Principles of Treatment” (1992)

“The Bobath Treatment of Cerebral Palsy”  
at The Bobath Centre in London (6 week course) (1993)

“Introduction to research for Health Professionals”  
at the University of Leeds (1994)

Masters level course “Neurological Rehabilitation”  
at Sheffield Hallam University (1998)

Annual conference of the Association of Chartered Physiotherapists in  
Neurology (2001, 2003)

1<sup>st</sup> international conference on Movement dysfunction. (2002)  
Neurodynamics in Neurology (Bobath Centre Glasgow)(2004)

Physiotherapy for Children Limited. Registered in England and Wales, No 8153388

Director: Adele Leake. Registered office: 36-40 Doncaster road, Barnsley.

Postal address. 78 Meadow Vale, Outwood, Wakefield. WF1 3TD

Tel 07913 675893 Email [info@physioforchildren.co.uk](mailto:info@physioforchildren.co.uk) Website: [www.physioforchildren.co.uk](http://www.physioforchildren.co.uk)

Doctoral study in Professional Education (2003- present)

Annual conference of the Association of Paediatric Chartered Physiotherapists (2001, 2003, 2005, 2007,2012)

Aquatic physiotherapy. Leeds (2011)

Rebound therapy. York. (2012)

Advanced movement analysis and handling. Bobath centre London (2014)

## **Current Employment**

**2011-present**

**Independent Physiotherapist and Director Physiotherapy for Children Ltd (Full time)**

## **Previous Employment 2009-2011**

Principle lecturer in Physiotherapy (part time)  
Faculty of Health and Wellbeing  
Sheffield Hallam University

**1997- 2009**

Senior Lecturer in Physiotherapy  
Faculty of Health and Wellbeing  
Sheffield Hallam University

**2000 - 2011**

Physiotherapist; independent practitioner (part time)

Senior I Physiotherapist                      April1992-Nov 1997  
Clarendon Wing,  
The General Infirmary at Leeds  
Great George Street  
Leeds.  
LS1 9NS

Senior II Physiotherapist                      April 1990-April 1992  
Pinderfields General Hospital  
Aberford Road  
Wakefield.

Staff Physiotherapist                      Aug 1988-April 1990  
Pinderfields General Hospital

## **Physiotherapy experience**

Having qualified as a physiotherapist in 1988, I began to specialise in Neurology in 1990. I began to work with children and young people in 1992 within the NHS. I began to see clients in private practice in 2005.

My interest lies in making a real difference to the movement problems encountered by patients suffering from ongoing neurological problems. With good early management, hands on therapy and advice children can learn to develop improved movement strategies that can help them participate in activities that are valuable for the rest of their lives. My emphasis is on therapy being fun as well as functional, ensuring good cooperation and high levels of motivation. My work involves close partnership

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with parents/ carers and other professionals in order to bring a whole package of support to each young person and their family.

I have a mixed case load of children and young people aged between 2 and 23 years old. Most of these have cerebral palsy and I provide physiotherapy in addition to that provided by local statutory services working both in home and education/care settings. As an advanced Bobath therapist, I provide specific hands on physiotherapy treatment. This may include respiratory management, stretching, strengthening, developmental activities, and specific exercises. I also provide advice and training for parents/carers/staff to ensure that everyone working with the child is able to help them achieve their targets.

I use activities including Riding for the Disabled, rebound therapy, Donkey riding, swimming/hydrotherapy/aquatic physiotherapy, mainstream gym, gymnastics sessions, soft play, sensory room/sensory experience to enhance physiotherapy outcomes.

My employment at Sheffield Hallam University involved teaching students on the undergraduate and post graduate, Masters degree programmes. My area of teaching speciality is Child Neurological Physiotherapy. I currently am involved in teaching qualified physiotherapists to improve their clinical reasoning and practice. I have taught nationally and I have presented at international conferences on Paediatric Neurological Physiotherapy and neurological theory. I have written a chapter in a book on Cerebral Palsy published in 2008. I have published work on Outcome measurement in Paediatric Physiotherapy. I have worked extensively with the Association of Paediatric Chartered Physiotherapists sitting on the national committee and working on several projects with the group over a period of 5 years.

All of this experience helps inform my current physiotherapy practice, ensuring my patients receive high quality care.