



# Physiotherapy for Children Ltd

## CURRICULUM VITAE ROSANNA FOSBROOK

### Qualifications

Bsc (Hons) Physiotherapy      University of Nottingham      2001 - 2004

### Other Training

Rebound Therapy dot Org      Rebound Therapy Trainer      Feb 10 to Jul 10

University Sheffield      Clinical Educator      Nov 09 to Mar 10

Bobath Centre London      Introductory Bobath Course      March 2019

### Membership of Professional bodies

Member of the Chartered Society of Physiotherapy  
Registration No. B0072389

State registration  
Health Professionals Council - Physiotherapist Board  
Registration No. PH70378

### CAREER HISTORY

**2017 -**  
Physiotherapy for Children Ltd  
Independent Physiotherapist

### Previous employment

**2015 - 2017**  
Band 6 Physiotherapist  
Hollybank Trust, Mirfield  
Special school and Adults with PMLD

**2010 - 2015**  
Band 6 Physiotherapist  
Sheffield Children's NHS Foundation Trust - Special schools

**2010-2011**  
Band 6 Physiotherapist  
Piers Meadows - Locum work in intermediate care

**2008 - 2010**  
Band 6 Physiotherapist  
Barnsley PCT Adult Learning Disabilities

**2008 - 2005**



Physiotherapist  
Sheffield Teaching Hospitals NHS Trust - Rotational

### Physiotherapy Experience

- Three years as a rotational junior physiotherapist in a variety of rotations including: Cardiothoracics (CICU), Respiratory Medicine, Outpatients (musculoskeletal), acute Rehabilitation, Burns and Plastics, Neuromedicine, Rehabilitation, Orthopaedics
- Three years as a specialist physiotherapist in the Community Learning Disability Team. Worked with Service Users of different ages, physical abilities, cultural backgrounds, cognitive abilities and behavioural and psychological conditions.
- Worked as a specialist paediatric physiotherapist in 2 different special schools running hydrotherapy sessions and managing a complex and varied caseload. Involved assessing and treating using a 24 hour postural management approach. I became adept at postural assessments and working with different specialist equipment eg. Sleep systems, walkers, standers, wheelchairs and alternative seating.
- Experience of working with adults and children with PMLD running hydrotherapy and rebound therapy sessions, delegating to assistants, postural assessments, managing equipment needs and providing holistic, individual physiotherapy treatment.
- Relevant training in Intensive Interaction, Challenging behaviour and Autism, Halliwick foundation course, Gait Analysis and Foot Biomechanics, Postural Care, Understanding profound disability, Rebound Therapy, Epilepsy, Specialist interest group meetings, hydrotherapy for neurological conditions.
- Managed complex and diverse caseload including complex neurological management and intervention. Complex assessments for profound disability with complicated presentations. Caseload also includes managing a variety of Respiratory and Musculoskeletal presentations including treatment interventions in Orthotics, Wheelchairs, Postural management, Chest care, Rebound Therapy, Jabadao, Hydrotherapy, Exercise programmes, Education and Training, Complex moving and handling and risk assessments.

Throughout my career I have been committed to ensuring physiotherapy improves health and well being and that therapy intervention is used to achieve maximum benefit. I am self motivated, proactive and pride myself on providing the highest quality service of care to my patients. I believe it is of the utmost importance to empower carers and families to continue interventions when appropriate and set up training sessions and accessible treatment plans to enable this to happen.

I use a variety of innovative and motivating treatment techniques e.g. Rebound therapy, hydrotherapy and Wiihabilitation to enhance a clients therapy experience. I have achieved a qualification to enable me to train other staff in Rebound Therapy to ensure Service Users have access to efficient and effective treatment.

Working with complex needs often involves liaising with other professionals and communicating as a team. Good communication is essential between team members with a cohesive approach ensuring we are all working towards the same goal. Providing high quality, patient centred care is at the heart of all that I do.